

BC TAEKWONDO CHAMPIONSHIPS

Saturday February 26, 2011



Capilano University

2055 Purcell Way, North Vancouver

ID PICK UP: 8:30 AM
COMPETITION: 9:30 AM
OPENING CEREMONY: 11:30 AM

FOR MORE INFORMATION :
604-299-4590 / 604-986-5558
metrotkd@shaw.ca

ONLINE REGISTRATION : www.tkdregister.com/bcchamp/

ADMISSION

ADULT: \$5.00
FAMILY: \$10.00
UNDER 6: FREE



ORGANIZED & SANCTIONED BY
WTF TAEKWONDO FEDERATION OF B.C



2011 B.C. TAEKWONDO CHAMPIONSHIP

Greetings!

It is with great pleasure to welcome you to the 2011 BC Taekwondo Championships.

On behalf of WTF BC, I would like to express earnest gratitude to all official members and masters, referees and volunteers for their dedication and cooperation in organizing the first Championships of 2011.

Also special thanks to all athletes' parents and family members for their support as always since not a single event is possible without their valuable input.



The role of WTF BC is to support all Taekwondo martial artists in the province so that they are able to actively demonstrate inner strength in mind, healthy consciousness and physical endurance.

We believe that Taekwondo nurtures and strengthens the body, mind and spirit through character development and self defense promoting fitness and flexibility for unshakeable confidence and overall self improvement. Through competitions, athletes can learn how to control their emotion and physical strength and most importantly, to focus utilizing what they learned from the training. It is my sincere wish that this Championships will provide the opportunity to prove themselves that sweats and effort to simply be better at anything in life are worthwhile and valuable in reaching one's true potential not only as a martial artist but as a true champion in life.

Again I wish all the best to all participants at this event and may the new year bring healthy and prosperous days full of happiness, laughters and cherishable memories.

I will be looking forward to seeing you at the 2011 BC Taekwondo Championships!

With warm regards,

Grandmaster Dae Lim
President, WTF Bristish Columbia

GENERAL INFORMATION

Location :	Capilano University 2055 Purcell Way, North Vancouver, B.C.
Date :	Saturday, February 26, 2010
Entry Fee :	One event (Pattern or Sparring) : \$50.00 Two events (Pattern and Sparring) : \$60.00
Competitor & Coaches ID Pick Up :	8:30 am - 9:30 am
Championship Begins :	9:30 am. Color belt Poomse (Including Junior & Senior Black Belt)
Opening Ceremony & Demonstration :	11:30am
Registration :	Please Note: The 2011 BC Championships will be online registration only. There will be no refund. No handwritten applications will be accepted. To register, please go to: http://www.tkdregister.com/bcchamp/ and follow the online instructions.
Black Belt Weigh-in :	There will be no official Black Belt divisions, therefore no weigh ins. Black Belts are still welcome to compete but they will be competing in the regular sparring divisions as outlined in our current tournament template.
Registration Deadline :	Wednesday February 23, 2011 ABSOLUTELY NO REGISTRATION AT THE DOOR.
Spectator Fee :	Family: \$10.00 Adult: \$5.00 Children under 6: FREE
Equipment :	Chest protector, Head gear, Groin cup, Mouth guard, Arm/Shin guards, and TKD uniform are mandatory
Sparring Rounds :	Adult Black Belts - 2 rounds / 2 minutes Color Belts - 2 rounds / 1 minute
Rules :	Current WTF Rules Apply to the Official Black Belts All COLOR BELTS - NO FACE KICK ALLOWED UNDER 12 BLACK BELT - NO FACE KICK ALLOWED 13 & UP BLACK BELTS - FACE KICK ALLOWED
Awards :	1ST / 2ND / 3RD MEDALS
Qualifications :	As according to the WTF Taekwondo Federation of B.C. Constitutional bylaws.
Accommodations:	Holiday Inn - 700 Old Lillooet Road North Vancouver. Phone:604-985-3111. Registered under B.C. Tae Kwon Do Federation. See www.taekwondobc.com - Travel/Accommodation SPORT BC Sandman Inn rebates for BC TKD members.

POOMSAE (PATTERNS)

5 Years & under	Boys & Girls	White to Green(1)	Blue to Poom(2)	
6 Years	Boys & Girls	White to Green(3)	Blue to Poom(4)	
7-8 Years	Boys & Girls	White & Yellow(5)	Green & Blue(6)	Red & Black(7)
9-10 Years	Boys & Girls	White & Yellow(8)	Green & Blue(9)	Red & Black(10)
11-13 Years	Boys	White & Yellow(11)	Green & Blue(12)	Red & Black(13)
11-13 Years	Girls		Green & Under(14)	Blue & Over(15)
14-16 Years	Boys	White & Yellow(16)	Green & Blue(17)	Red & Black(18)
14-16 Years	Girls		Green & Under(19)	Blue & Over(20)
17-29 Years	Female	White & Yellow(21)	Green & Blue(22)	Red & Black(23)
17-29 Years	Male	White & Yellow(24)	Green & Blue(25)	Red & Black(26)
30-39 Years	Female	Green & Under(27)	Blue and Over & Black(28)	
30-39 Years	Male	Green & Under(29)	Blue and Over & Black(30)	
40 & Up	Female	Green & Under(31)	Blue and Over & Black(32)	
40 & Up	Male	Green & Under(33)	Blue and Over & Black(34)	

GYOROOGI (SPARRING)

5 Years and Under Boys & Girls

White to Green	Light(35)	Heavy(36)
Blue to Poom	Light(37)	Heavy(38)

6 Years Boys & Girls

White to Green	Light(39)	Heavy(40)
Blue to Poom	Light(41)	Heavy(42)

7 - 8 Years Boys & Girls

White & Yellow	Light(43)	Heavy(44)
Green & Blue	Light(45)	Heavy(46)
Red	Light(47)	Heavy(48)
Poom	Light(49)	Heavy(50)

9 - 10 Years Boys

Green & Under	Light(51)	Heavy(52)
Blue & Red	Light(53)	Heavy(54)
Poom	Light(55)	Heavy(56)

9 -10 Years Girls

Green & Under	Light(57)	Heavy(58)
Blue & Red	Light(59)	Heavy(60)
Poom	Light(61)	Heavy(62)

11 - 12 Years Boys

Green & Under	Light(63)	Heavy(64)
Blue & Red	Light(65)	Heavy(66)
Poom	Light(67)	Heavy(68)

11 - 12 Years Girls

Green & Under	Light(69)	Heavy(70)
Blue & Red	Light(71)	Heavy(72)
Poom	Light(73)	Heavy(74)

13 - 14 Years Boys

Green & Yellow	Light(75)	Heavy(76)
Blue & Red	Light(77)	Heavy(78)
Black	Light(79)	Heavy(80)

13 - 14 Years Girls

Green & Yellow	Light(81)	Heavy(82)
Blue & Red	Light(83)	Heavy(84)
Black	Light(85)	Heavy(86)

15-16 Years Boys

White & Yellow	Light(87)	Heavy(88)
Green & Blue	Light(89)	Heavy(90)
Red	Light(91)	Heavy(92)
Black Belt	Light(93)	Heavy(94)

15-16 Years Girls

Green & Under	Light(95)	Heavy(96)
Blue & Red	Light(97)	Heavy(98)
Black Belt	Light(99)	Heavy(100)

17 - 29 Years Female

White & Yellow	Light(101)	Heavy(102)
Green & Blue	Light(103)	Heavy(104)
Red & Black	Light(105)	Heavy(106)

17 - 29 Years Male

White & Yellow	Light(107)	Heavy(108)
Green & Blue	Light(109)	Heavy(110)
Red & Black	Light(111)	Heavy(112)

30 - 39 Years Female

Green & Under	Light(113)	Heavy(114)
Blue / Over & Black	Light(115)	Heavy(116)

30 - 39 Years Male

Green & Under	Light(117)	Heavy(118)
Blue / Over & Black	Light(119)	Heavy(120)

40 & Up Female

Green & Under	Light(121)	Heavy(122)
Blue / Over & Black	Light(123)	Heavy(124)

40 & Up Male

Green & Under	Light(125)	Heavy(126)
Blue / Over & Black	Light(127)	Heavy(128)

For all Adult Black Belt male and female weight division, see the attached weight division chart or refer to www.taekwondobc.com website.

Competitors please indicate the category numbers from the above list.

The B.C. Taekwondo federation Officials reserve the right to change divisions and categories as necessary.

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