Kees Tae Kwon Do Spring 2012 Okanagan Invitational Saturday May 5, 2012 Kelowna, British Columbia, Canada

EVENT INFO

Location

Spring Valley Middle School 350 Ziprick Road, Kelowna, BC

Start Time

10 AM (doors open at 9:30 AM)

Admission

\$5 (children six and under FREE)

Events

Poomse

Pair Poomse

Team Poomse

Sparring

High Jump Front Kick

Flying Side for Distance

Power Breaking (sliding side to rebreakableboards)

Weapons and Creative Forms

As a sign of respect for the environment and to ensure equality for all contestants, we use padded, rebreakable boards and a specialized board-holding machine for the Breaking Competition. Contestants will be eliminated after three failed attempts in each event. Contestants may enter one, two, or all events.

Athlete Registration

\$50 for One Event, \$10 for each event after that.

NOTE: registration deadline is May 2/2012. There is an additional \$10 fee for those who register late or at the door.

Divisions

Breaking Competition.
Freestyle Weapons Form. The divisions may be further divided up by weapon type based on the number of participants. The athlete must provide their own weapon and any traditional martial arts weapon may be utilized. The Weapons Poomse must be a maximum of one minute and be comprised of a minimum of 80% weapon techniques. The remaining 20% may be empty-hand and foot techniques.
High Jump Front Kick/Flying Side for Distance.
Poomse/Form/Pattern. The Poomse competition will be categorized by the specific Poomse/form/pattern that the athlete will be performing, regardless of belt rank.
flux Kyorogi/Sparring. Colour and black belt divisions will be established based on age, belt rank and weight.
All Divisions will follow Single-Elimination Format. Divisions may be adjusted and altered according to the number of participants.

Awards

Medals for first, second and third place finishers



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Kelowna, British Columbia, Canada

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Personal Inform	nation									
First Name:			La	st Name:						
Gender: \square Male	☐ Female	Age:	Da	ate of Birth:	/	/	mm/	dd/year		
Belt:	Kukkiwon#:	V	Veight:		Hei	ght:			Please Be Accura	ate
Taekwondo School/0	Club Name:		Gr	andmaster/N	Master:			Instructor:		
Home Address:			Cit	ty:		Provin	ice:	Postal Code	e:	
Telephone: ()			En	nail:						
Emergency Contact N	lame:		Ph	ione: ()						
☐ Complete Medica	al Fitness Form (m	ust be includ	ed)							
Select Your Eve	nts									
☐ Poomse		☐ Pair Poor	mse				☐ Team	Poomse		
☐ Sparring		☐ High Jun	np Front	Kick			☐ Flying	g Side For Dis	stance	
Power Breaking (sliding side to rebi	reakableboards)	☐ Weapons	s and Cr	eative Forms						
Trevor Warkentin, the Org successors, and/or assig the undersigned register. Tae Kwon Do Spring 201 I have read the above is a full-body contact spo further agree that any pic compensation at this or a	nees and other compe ed in the Kees Tae Kwi 2 Okanagan Invitation e application and agre rt and I further unders ctures taken of me in c	etitors, harmless a on Do Spring 201 al, or which may a ement and I fully o tand all the conte	and releason 2 Okanaga Arise out of Understand Onts of the	e them from any an Invitational, a traveling to par d that I assume rules and gener	and all li rising out ticipate ir all risks f al informa	iability for t of, or in n and retu for any inj ation pub	r any injury any way cor urn from thi uries receiv blished and	or illness which nnected with pa s athletic event. red. I understand agree with them	may be suffered by urticipation in the Kee. d that WTF Taekwonn in their entirety. I	do
Athlete Signature:							Date:			
Guardian Signature (if under 18 yrs):						Date:			
Master/Instructor Sig	gnature:						Date:			
Registration Number of Events : NOTE: registration de										0
Make certified chequ	e or money order	Send to: Ke 22 Ke t: 25	es Tae K 8—1891 Iowna, B 0 763 5	won Do Sprir Springfield F C V1Y 5V5	ng 2012		_		FEE - \$25). KEES Taekwondo)

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CREDIT CARD PAYMENT AUTHORIZATION

Athlete Information		
First Name:	Last Name:	
Gender: ☐ Male ☐ Female Age:	Email:	
Taekwondo School/Club Name:	Location:	
Grandmaster/Master:	Instructor:	
Check the events you are registering	ng in	
Poomse	☐ Pair Poomse	☐ Team Poomse
☐ Sparring	☐ High Jump Front Kick	☐ Flying Side For Distance
Power Breaking (sliding side to rebreakableboards)	☐ Weapons and Creative Form	is .
Payment Summary		
For your convenience, MasterCard and Visa creation There will be a \$2 service fee to pay by credit of One event \$50		ments.
Two events \$ 60		
Three events \$ 70		
Four events \$80		
Five events \$90		
Six events \$ 100		
Seven events \$ 110		
Eight events \$ 120		
Credit Card Surcharge \$ 2		
NOTE: registration deadline is May 2/2012.	There is an additional \$10 fee fo	r those who register late or at the door.
Billing Information		
Card Type:	ard	
Card Number:	Expiration Date:	
Name on Card:		
Credit Card Billing Address:		
I authorize the Kees Tae Kwon Do Spring 2012 to charge my Credit Card (as shown above).	2 Okanagan Invitational Organizing	
Signature:	Date:	

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ATHLETE MEDICAL FITNESS FORM

This Form Must Be Completed Or Your Application To Compete Will Not Be Accepted

Personal Information			
First Name:	Last Name:		
Gender:	Date of Birth: /	/ mm/dd/year	
Home Address:	City:	Province: Postal Code:	
Telephone: ()	Email:		
Provincial Health Card or Medical Card #:	Expiry Date (if applica	ble): / / mm/dd/	′year
Emergency Contact Name:	Phone: ()		
I fully understand that any medical treatment given to m will be by a licensed medical doctor, EMT or Paramedic of emergency (in the opinion of a certified professional) that for further treatment as a precautionary measure.	or certified First Aid Attend	ant. I hereby give permission tha	it in case of
Medical Information			
 Have you suffered a head injury, loss of consciousnes Yes No 	ss, concussion or blow to t	he head in the past six months?	
2. If you answered Yes, what symptoms did you have aft	ter the injury?		
dizziness blurred vision	amnesia	feeling in a fog	
tingling headache	irritability	ringing in the ears	
numbness nausea	vomiting	sensitivity to light	
inability to concentrate	seeing flashing l	ights	
 Of the above symptoms, do you still experience any o ☐ Yes ☐ No 	f these?		
4. I hereby certify that I have not suffered a concussion dizziness, memory loss or headache in any activity in		iousness or blow to the head fol	lowed by
Athlete Signature:		Date:	
Guardian Signature (if under 18 yrs):		Date:	
Send to: 2012 Kelowna Kees Tae Kwon Do Invit c/o KEES Taekwondo 228—1891 Fallfield Road Kelowna, BC V1Y 5V5	ational		
t: 250 763 5597e: okanagan@kees.ca			-



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