



Saturday February 28, 2009

BC TAEKWONDO CHAMPIONSHIPS



Capilano College

2055 Purcell Way, North Vancouver

REGISTRATION : 8:30 AM
COMPETITION: 9:30 AM
OPENING CEREMONY: 11:30 AM

FOR MORE INFORMATION :
604-466-2133 / 604-532-1002
www.taekwondobc.com

ADMISSION

ADULT: \$5.00
FAMILY: \$10.00
UNDER 6: FREE

ORGANIZED & SANCTIONED BY
WTF TAEKWONDO FEDERATION OF B.C



2009 B.C. TAEKWONDO CHAMPIONSHIP

Dear Members,

On behalf of the BC Taekwondo Federation, I would like to wish you a Happy New Year. I hope that 2009 brings hope, prosperity and good health to you all.

As some of you may know, this will be my last year as a President. Over the past 4 years, each step of the way, I have received so much support and encouragement from you all. With all of your support, the BC Taekwondo Federation was able to accomplish a few things such as the re-organization of our Federation, obtaining Grants from the BC Government and Sport BC, implementing Taekwondo as a High school credit and producing a new Constitution that better reflects the current times.

As of a result of everyone's hard work and unity, our BC Federation is now recognized as one of the most organized and respected organizations in the Taekwondo communities in Canada. It was a very rewarding experience for me as I could work with officials and volunteers and was able to serve you during my term. Thank you for all your support and encouragement.

I promise you that the 2009 BC Provincial Championships on February 28, 2009 will be an exciting event. You will have the opportunity to win beautiful medals and also meet many new friends. We will have an election for the new officials at the next AGM on January 31, 2009. We will be holding a change of guards with new officials at the Championship Opening Ceremony at which time you will have the chance to meet the new officials.

On behalf of our officials, I encourage you to compete in the Championships to show your martial art spirit. See you at the Championships.

Sincerely,
Kil Woo Kim,
President of BC Taekwondo Federation



GENERAL INFORMATION

Location :	Capilano College 2055 Purcell Way, North Vancouver, B.C.
Date :	Saturday, February 28th, 2009
Entry Fee :	One event (Pattern or Sparring) : \$50.00 Two events (Pattern and Sparring) : \$60.00
Competitor & Coaches ID Pick Up :	8:30 am - 9:30 am
Championship Begins :	9:30 am. Color belt Poomse (Including Junior & Senior Black Belt) (Please note: Ages 5 - 7 years will do Gyorooigi immediately following their Poomse Competition).
Opening Ceremony & Demonstration :	11:30am
General Enquires & Early Registration :	School Master / Instructor send Master list by E-Mail to jinshei.tkd@gmail.com (Microsoft Excell format) Forward REGISTRATION FORMS & FEES to WOO KIM LANGLEY Taekwondo School, Suite #109-20505 Fraser Highway, Langley, B.C. V3A 4G3. Tel. 604-532-1002, Cell. 604-813-5425 ** Certified Cheque or Money order made payable to WTF TAEKWONDO FEDERATION OF B.C.
Black Belt Weigh-in :	Venue - To be announced. Please check for further details as they become available on www.taekwondobc.com.
Registration Deadline :	Friday February 20, 2009 Registration sent between February 21st (Saturday), to 25th (Wednesday), will be subject to a late fee of \$10.00. ABSOLUTELY NO REGISTRATION AT THE DOOR.
Spectator Fee :	Family: \$10.00 Adult: \$5.00 Children under 6: FREE
Equipment :	Chest protector, Head gear, Groin cup, Mouth guard, Arm/Shin guards, and TKD uniform are mandatory
Sparring Rounds :	Adult Black Belts - 2 rounds / 2 minutes Color Belts - 2 rounds / 1 minute
Rules :	Current WTF Rules Apply to the Official Black Belts All COLOR BELTS - NO FACE KICK ALLOWED UNDER 12 BLACK BELT - NO FACE KICK ALLOWED 13 & UP BLACK BELTS - FACE KICK ALLOWED
Awards :	1ST / 2ND / 3RD MEDALS
Qualifications :	As according to the WTF Taekwondo Federation of B.C. Constitutional bylaws.
Accommodations:	Holiday Inn - 700 Old Lillooet Road North Vancouver. Phone:604-985-3111. Registered under B.C. Tae Kwon Do Federation. See www.taekwondobc.com - Travel/Accommodation SPORT BC Sandman Inn rebates for BC TKD members.

TAEKWONDO

FOR ALL COMPETITORS

Please print the information and fill in the feilds that apply.

Name: _____ Birth Date: _____ Age: _____ Sex: _____

Address: _____
Street City Province Postal Code

For Color Belts Your Rank (Color): _____

Poomse / Div # _____ Gyroogi / Div # _____

For Non-Official Black Belts Kukkiwon # : _____ Your Dan / Poom : _____

Junior Black Belt Poomse / Div # _____ Gyroogi / Div # _____

Senior Black Belt Poomse / Div # _____ Gyroogi / Div # _____

For Official Black Belts Kukkiwon # : _____ Your Dan / Poom : _____

Division A: Born in 1991, 92, 93

Junior Black Belt Poomse / Div # _____ Gyroogi / Official weight category _____

Senior Black Belt Poomse / Div # _____ Gyroogi / Official weight category _____

- ◇ All official Black Belts are required to weigh-in. See the general information.
- ◇ Please find the official weight category information on the B.C. Taekwondo web site.

School Name: _____ Phone: _____

School Address: _____
Street City Province Postal Code

School Master Instructor: _____
Print Name Signature

Fee: \$50.00 for 1 event, \$60.00 for 2 events, CASH ONLY: CERTIFIED CHEQUE or MONEY ORDER

Payable to WTF TAEKWONDO FEDERATION OF B.C. Registration deadline FRIDAY, FEBRUARY 20, 2009.

Late fee applies February 21 - 25.

Information: 604-532-1002 / www.taekwondobc.com

ABSOLUTELY NO REGISTRATION AT THE DOOR

LIABILITY WAIVER

I, the undersigned, submit this application and the entry fee as consideration for my right to participate in the 2009 B.C. Taekwondo Championships to be held on February 28th, 2009. I understand and accept that physical injury and related damages are an inherent and necessary risk of participation in the sport of Taekwondo. I expressly assume all such risks. I accept full responsibility for the cost of medical or other treatment for any injury or damages, which I may sustain. I release, hold harmless, and waive all claims against the promoters, operators, and sponsors, individually or collectively, for any and all injuries of damage I may sustain while attending or participating in the Championships, including any claim for negligent supervision, instruction, and/or maintenance of the facilities.

IF UNDER 18 YEARS OF AGE, THIS RELEASE AND CONSENT FORM MUST BE SIGNED BY A PARENT OR GUARDIAN.

Signature: _____ Date: _____

Signature: _____ Date: _____

Signature of Parent / Guardian if under 18 years of age.

POOMSAE (PATTERNS)

5 Years & under	Boys & Girls	White to Green(1)	Blue to Poom(2)	
6 Years	Boys & Girls	White to Green(3)	Blue to Poom(4)	
7-8 Years	Boys & Girls	White & Yellow(5)	Green & Blue(6)	Red & Black(7)
9-10 Years	Boys & Girls	White & Yellow(8)	Green & Blue(9)	Red & Black(10)
11-13 Years	Boys	White & Yellow(11)	Green & Blue(12)	Red & Black(13)
11-13 Years	Girls		Green & Under(14)	Blue & Over(15)
14-16 Years	Boys	White & Yellow(16)	Green & Blue(17)	Red & Black(18)
14-16 Years	Girls		Green & Under(19)	Blue & Over(20)
17-29 Years	Female	White & Yellow(21)	Green & Blue(22)	Red & Black(23)
17-29 Years	Male	White & Yellow(24)	Green & Blue(25)	Red & Black(26)
30-39 Years	Female	Green & Under(27)	Blue and Over & Black(28)	
30-39 Years	Male	Green & Under(29)	Blue and Over & Black(30)	
40 & Up	Female	Green & Under(31)	Blue and Over & Black(32)	
40 & Up	Male	Green & Under(33)	Blue and Over & Black(34)	

GYOROGI (SPARRING)

5 Years and Under Boys & Girls

White to Green	Light(35)	Heavy(36)
Blue to Poom	Light(37)	Heavy(38)

6 Years Boys & Girls

White to Green	Light(39)	Heavy(40)
Blue to Poom	Light(41)	Heavy(42)

7 - 8 Years Boys & Girls

White & Yellow	Light(43)	Heavy(44)
Green & Blue	Light(45)	Heavy(46)
Red	Light(47)	Heavy(48)
Poom	Light(49)	Heavy(50)

9 - 10 Years Boys

Green & Under	Light(51)	Heavy(52)
Blue & Red	Light(53)	Heavy(54)
Poom	Light(55)	Heavy(56)

9 -10 Years Girls

Green & Under	Light(57)	Heavy(58)
Blue & Red	Light(59)	Heavy(60)
Poom	Light(61)	Heavy(62)

11 - 12 Years Boys

Green & Under	Light(63)	Heavy(64)
Blue & Red	Light(65)	Heavy(66)
Poom	Light(67)	Heavy(68)

11 - 12 Years Girls

Green & Under	Light(69)	Heavy(70)
Blue & Red	Light(71)	Heavy(72)
Poom	Light(73)	Heavy(74)

13 - 14 Years Boys

Green & Yellow	Light(75)	Heavy(76)
Blue & Red	Light(77)	Heavy(78)
Black	Light(79)	Heavy(80)

13 - 14 Years Girls

Green & Yellow	Light(81)	Heavy(82)
Blue & Red	Light(83)	Heavy(84)
Black	Light(85)	Heavy(86)

15-16 Years Boys

White & Yellow	Light(87)	Heavy(88)
Green & Blue	Light(89)	Heavy(90)
Red	Light(91)	Heavy(92)
Black Belt	Light(93)	Heavy(94)

15-16 Years Girls

Green & Under	Light(95)	Heavy(96)
Blue & Red	Light(97)	Heavy(98)
Black Belt	Light(99)	Heavy(100)

17 - 29 Years Female

White & Yellow	Light(101)	Heavy(102)
Green & Blue	Light(103)	Heavy(104)
Red & Black	Light(105)	Heavy(106)

17 - 29 Years Male

White & Yellow	Light(107)	Heavy(108)
Green & Blue	Light(109)	Heavy(110)
Red & Black	Light(111)	Heavy(112)

30 - 39 Years Female

Green & Under	Light(113)	Heavy(114)
Blue / Over & Black	Light(115)	Heavy(116)

30 - 39 Years Male

Green & Under	Light(117)	Heavy(118)
Blue / Over & Black	Light(119)	Heavy(120)

40 & Up Female

Green & Under	Light(121)	Heavy(122)
Blue / Over & Black	Light(123)	Heavy(124)

40 & Up Male

Green & Under	Light(125)	Heavy(126)
Blue / Over & Black	Light(127)	Heavy(128)

For all Adult Black Belt, male and female weight division, see the attached weight division chart or refer to www.taekwondobc.com website. Competitors who do not compete in Official Black Belt divisions, please indicate the category numbers from the above list.

The B.C. Taekwondo Federation Officials reserve the right to change divisions and categories as necessary.